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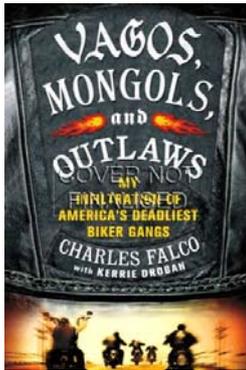
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End Sell-In: 11/01/13 • Order Cut-Off: 31/01/13 • On Shelf Date: 07/03/13

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Vagos, Mongols and Outlaws

Falco, Charles



The gripping account from an ex-con who went undercover to help the ATF infiltrate three of America's most violent biker gangs.

In exchange for a reduced sentence on drug smuggling charges, Charles Falco infiltrated three of America's most violent biker gangs: the Vagos, Mongols and Outlaws. In separate investigations that spanned years and ranged across the USA, Falco risked his life every day, working deep undercover to bring violent sociopaths to justice. His dedication was profound. He recorded confessions of gangland-style killings and nearly became a target himself before he sought refuge in the Witness Protection Program.

Macmillan Australia • TPB • True Crime

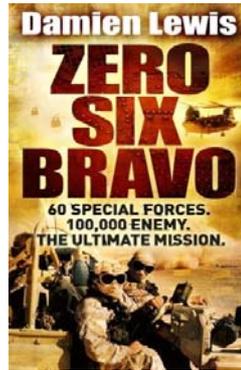


9781742612775 \$39.99



Zero Six Bravo

Lewis, Damien



In February 2003 sixty elite operators from the SBS, with SAS and Delta Force embeds, were sent 1,000 kilometres behind enemy lines to take the surrender of a 120,000-strong Iraqi army in a mission that seemed lunatic from the start.

Caught in a ferocious ambush by vastly superior forces, the unit launched an epic bid to escape, inflicting carnage on their enemies. Running low on fuel and ammunition, and with their surviving vehicles shot to shreds, they faced dwindling options as the Iraqis closed in. The unit blew their vehicles, destroyed sensitive kit and prepared for death or capture...

Quercus • TPB • True War & Combat Stories

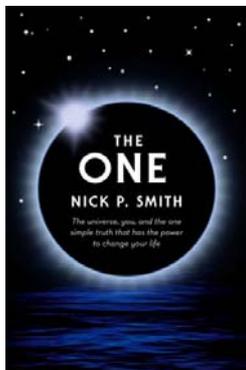


9781782060819 \$39.99



One, The

Smith, Nick P.



Many of us struggle through our lives without purpose, but it doesn't have to be this way. If we embrace the message of 'The One', we can begin to achieve way beyond what we think is possible. Nick P. Smith's book is designed for readers to get the most out of life. Follow his first-hand experience as you learn how to:

- Take control of your life
- Activate a plan and choose your path to success
- Boost your confidence
- Improve relationships through the power of your thoughts
- Transform your life, personally and spiritually
- Achieve your goals and dreams
- Increase your energy and make more time for yourself

Macmillan Australia • H/B • Mind, Body, Spirit

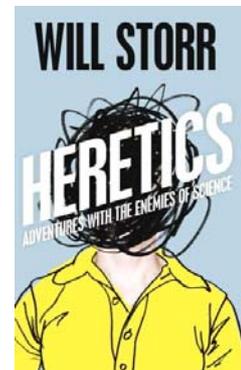


9780330404211 \$32.99



Heretics, The

Storr, Will



Will Storr was in the tropical north of Australia, excavating fossils with a celebrity creationist, when he asked himself a simple question. Why don't facts work? Why, that is, did the obviously intelligent man beside him sincerely believe in Adam and Eve, the Garden of Eden and a six-thousand-year-old Earth, in spite of the evidence against them?

It was the start of a journey that would lead Storr all over the world - from Texas to Warsaw to the Outer Hebrides - meeting an extraordinary cast of modern heretics whom he tries his best to understand. He goes on a tour of Holocaust sites with David Irving and a band of neo-Nazis, experiences his own murder during 'past life regression' hypnosis and discusses the looming One World Government with iconic climate sceptic Lord Monckton.

Picador • TPB • Humour

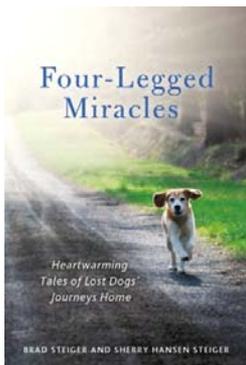


9781447208976 \$39.99



Four-Legged Miracles

Steiger, Brad and Hansen Steiger, Sherry



'Four-Legged Miracles' is a collection of wondrous lost-and-found canine sagas that highlight dogs' remarkable abilities to return home despite almost unbelievable odds. The book features dramatic, carefully documented true-life anecdotes that showcase canines' amazing intelligence, courage, and sometimes seemingly supernatural powers.

These fascinating reunion stories include: Mason, the white terrier who crawled home on two broken legs to what remained of his family's tornado-ravaged house; and Eddie, the beagle, who walked 450 miles over four months to reunite with disabled four-year-old Jimmy.

*February Release

Pan Australia • P/B (B) • Pets / Pet Care

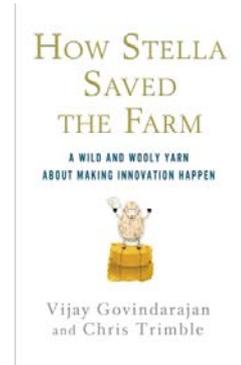


9781742613031 \$27.99



How Stella Saved the Farm

Govindarajan, Vijay and Trimble, Chris



Bankruptcy, or the grim prospect of being acquired by a hostile human competitor, threatens Windsor Farm. But when a young sheep called Stella comes up with a bold idea, will the other animals be able to respond to her ambitious call to action?

Grounded in over a decade of academic research, 'How Stella Saved the Farm' will resonate for organizations of all types, from global corporations to small companies looking to embrace change. With eight simple lessons to guide new initiatives to success, it prepares readers to avoid some of innovation's most toxic myths, how to build the right kind of team, and how to take their business to the next level in a fast-changing world.

Macmillan • H/B • Business & Management



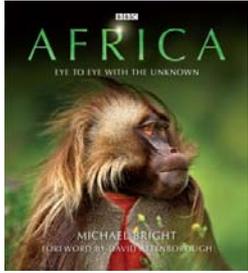
9780230761360 \$39.99



Africa: Eye to Eye with the Unknown

Bright, Michael

Sir David Attenborough CBE and the award-winning BBC Natural History Unit embark on a landmark new series, painting a breathtaking portrait of Africa as never before caught on film. This lavish and unmissable companion to the BBC One series reveals the undiscovered side of Africa's five unique regions.



Inspiring photography captures unprecedented wildlife behaviour, mesmerising new creatures and magical landscapes that will astound and captivate, and will challenge what you think you know about Africa. This is a spectacular journey through a vast and diverse continent in all its beautiful and unexpected abundance.

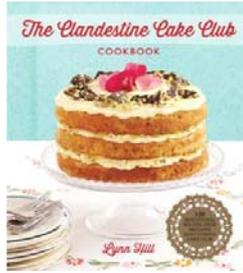
Quercus • H/B • Natural History, Country Life, Pets



Clandestine Cake Club Cookbook, The

Hill, Lynn

Secret venues. Inspired themes. Fabulous cakes. Across the UK and beyond, thousands of home bakers have been meeting covertly in hidden locations with the same simple mission: bake, eat and gossip about cake. These are the members of the phenomenally popular Clandestine Cake Club - and now, for the first time, they share their baking secrets with you. The rules are quite clear: no cupcakes, no muffins, no brownies, pies or tarts. It's all about cake!



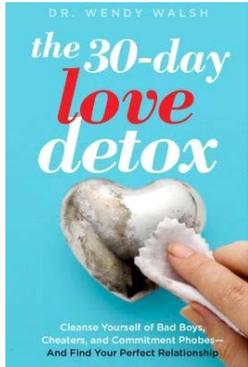
With each event organised around a creative theme, the results are some of the most loved and inventive baked delights you'll ever eat. From classic teatime treats and chocolatey indulgences to global bakes and spectacular cake extravaganzas, you'll find many inspiring recipes.

Quercus • H/B • Cookery, Food & Drink



30-Day Love Detox, The

Walsh, Dr. Wendy



From a dating doyenne of the Sex-And-The-City generation comes this groundbreaking prescription for slow-love that blasts traditional dating books and their confusing messages: Be free but not too free. Play hard to get and go after what you want. Keep him close by not letting him know you want a commitment-messages that help women play a game that doesn't always lead to a fulfilling, committed relationship.

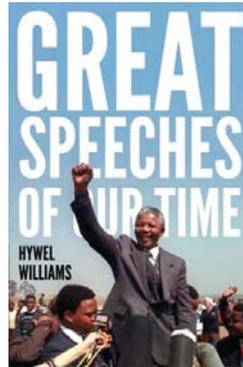
Dr. Wendy Walsh's outside-the-box approach to relationships turns traditional thinking on its head by using evolutionary psychology to offer advice that is both empowering and practical. 'The 30 Day Love Detox' is unlike any relationship book before because it helps women better understand themselves and their mating strategies.

Rodale • TPB • Self-Help / Practical Interests



Great Speeches of Our Time

Williams, Hywel



"Let each know that for each the body, the mind and the soul have been freed to fulfil themselves." These powerful words, spoken by Nelson Mandela in his inaugural address as the new president of South Africa, are taken from just one of the forty important and thought-provoking speeches in this collection.

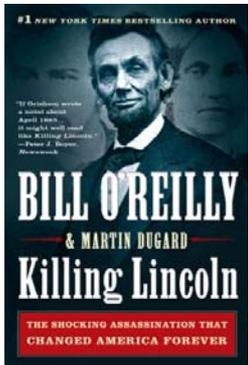
Ranging from 1945 to the present day, they provide an important insight into the modern world. Inspirational speeches by Winston Churchill, Mikhail Gorbachev, Martin Luther King, Barack Obama and many others are supplemented with biographies of each speaker, as well as an exploration of their words' significance and an historical account of the consequences of their oratory.

Quercus • P/B (B) • History



Killing Lincoln

O'Reilly, Bill and Dugard, Martin



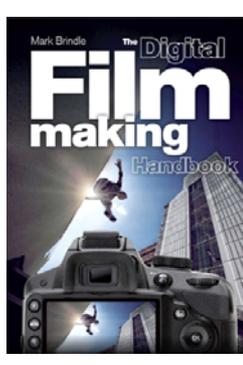
The anchor of "The O'Reilly Factor" recounts one of the most dramatic stories in American history-how one gunshot changed the country forever. In the spring of 1865, the bloody saga of America's Civil War finally comes to an end after a series of increasingly harrowing battles. President Abraham Lincoln's generous terms for Robert E. Lee's surrender are devised to fulfill Lincoln's dream of healing a divided nation, with the former Confederates allowed to reintegrate into American society. But one man and his band of murderous accomplices, perhaps reaching into the highest ranks of the U.S. government, are not appeased.

Griffin • P/B (B) • Biography: General



Digital Filmmaking Handbook, The

Gooch, Martin



Whether you are already a seasoned director or simply a film fan, this comprehensive guide features everything you need to know to make a digital film: from the basics of capturing footage and planning a shoot, to the more advanced aspects of editing and post-production.

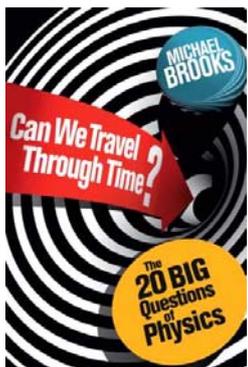
Clear, step-by-step instruction on the technical aspects of filming with HD and DSLR cameras - including the latest advice on equipment, accessories, and software - are set alongside tips on the creative aspects - such as effects, making a storyboard and creating and lighting a set.

Quercus • P/B • Photography



Can We Travel Through Time?

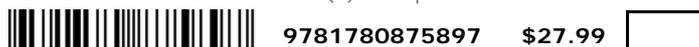
Brooks, Michael



'Can We Travel Through Time?' addresses 20 of the most fundamental and frequently asked questions in physics. What is the God particle? Does chaos theory spell disaster? Am I unique in the universe? What is light?

Each 3,000 word essay examines these eternally perplexing questions in a way that is comprehensible to everyone, providing the ultimate guide to understanding the very nature of the world we live in.

Quercus • P/B (B) • Popular Science



Bicycling Training Journal

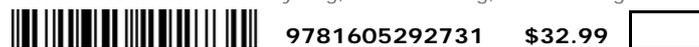
Editors of Bicycling Magazine



'The Bicycling Training Journal' provides the perfect framework to help cyclists of all stripes reach their cycling goals, whether they're weight loss or world records. This revised edition includes updated tips, motivational quotes, new weight loss and training plans: the magazine has added over 50 additional pages of new material in all, a tremendous value.

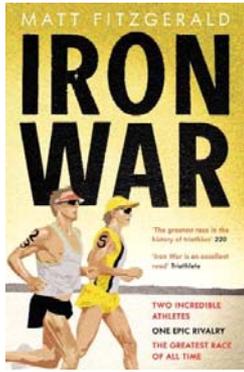
The journal gives readers the space to track each day's ride with room to record goals, distance covered, route, weather, and thoughts on the experience. There's even a space for readers to note favorite cycling equipment, bike set-up, and the greatest rides of the year. With all this information you'll be able to analyze your data and set new goals accordingly.

Rodale • P/B • Cycling, Skateboarding, Rollerblading



Iron War

Fitzgerald, Matt



For over a decade, Dave Scott and Mark Allen were locked in one of the fiercest rivalries sport has ever known. The men, who seemed able to force their bodies into achieving the impossible, dominated the nascent sport of triathlon, continually pushing each other to ever-greater feats of athleticism and endurance.

On October 14, 1989, the battle between Scott and Allen reached its peak at the 13th Hawaii Ironman, when the pair raced the 140.6-mile event side by side, for eight straight hours at breakneck speed. The eventual winner's margin of victory was a scant 58 seconds. In a profound psychological portrait of these two men, and a gripping exploration of the aching gap between triumph and defeat, 'Iron War' tells triathlon's greatest ever story.

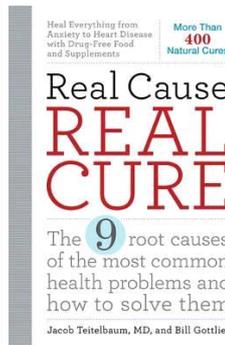
Quercus • P/B (B) • Active Outdoor Pursuits



9781780871349 \$27.99

Real Cause, Real Cure

Teitelbaum, Jacob



An eye-opening guide that boils down common health problems to nine simple causes and offers the relief readers have been searching for. An expert in combining both traditional and alternative medicine, Dr. Teitelbaum explains that tackling nine wholly preventable causes is the key to long-term, real relief from nagging health concerns.

'Real Cause, Real Cure' unearths the underlying causes of more than 50 health problems, steering readers toward cost-effective, safe, and easy remedies to combat woes ranging from acne and food allergies to diabetes and cancer.

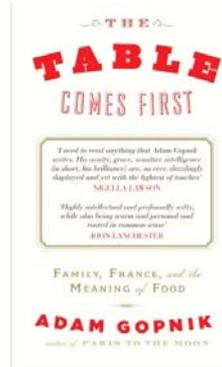
Rodale • TPB • Popular Medicine



9781605292021 \$29.99

Table Comes First, The

Gopnik, Adam



'The Table Comes First' is at once a celebration of the rituals of eating - the scene of families, friends, lovers coming together, or breaking apart, the core of our memories - and an exploration of the extraordinary transformations that our notion of what makes food 'good' has undergone.

Taking the reader from the birth of the restaurant in 18th century France to the molecular Meccas of Barcelona, 'The Table Comes First' is the delightful beginning of a new conversation about the way we eat now.

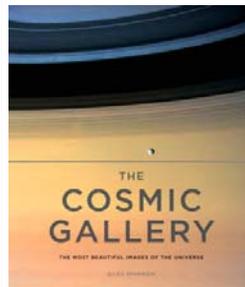
Quercus • P/B (B) • Cultural Studies



9781849162876 \$29.99

Cosmic Gallery, The

Sparrow, Giles



The heavens are alive with breathtaking beauty: from the incandescent surface of the Sun to the shimmering tail of a comet; the birth of planets to the death of stars; the dancing shadows of Jupiter's moons to the silhouettes of eclipses.

'The Cosmic Gallery' contemplates the entire cosmos as a grand celestial art exhibit. In six thematically organized chapters, Giles Sparrow presents an array of stunning images, ranging from easily seen phenomena to the most distant and intricate galaxies, providing the reader with an exciting and beautiful new perspective on the cosmos.

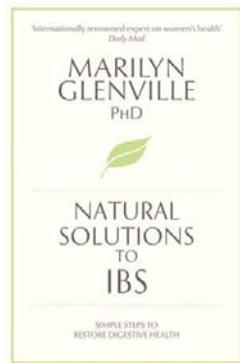
Quercus • H/B • Astronomy, Space, Time



9781780878119 \$49.99

Natural Solutions to IBS

Glenville, Marilyn



One in five people is affected by IBS and yet it is often dismissed by the medical profession as a condition they can do little to help with, plus there is a lot of confusing information out there. In this practical guide, women's health expert Marilyn Glenville cuts through the confusion with clarity and compassion, empowering the reader with information and practical ways forward. She looks at the whole body in relation to IBS, from how your digestive system is working to the role that emotions and stress can play.

This brilliant book offers the vital support that anyone with IBS, or general digestive problems, needs to gently heal and strengthen their digestive system back to normal function.

Macmillan • TPB • Family / Health

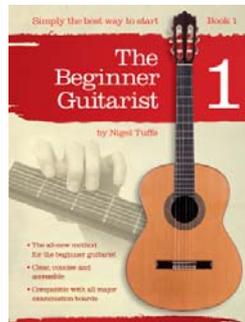


9780230769229 \$37.99

Beginner Guitarist Book 1, The

Tuffs, Nigel

Welcome to The Beginner Guitarist!



This book has been born out of 20 years of teaching experience. Although specifically designed as a teacher's aid, it can also be used for independent study.

Topics like posture, tuning and phrasing are not prescribed, being left to the judgement of the teacher. With the exception of right and left-hand fingering advice, this approach is used throughout the series.

• Available January 2013

Music Sales • P/B • Music



9781780384870 \$6.99

Men's Health Big Book of Abs, The

Bornstein, Adam



The essential diet and fitness guide to lean, ripped abs-including a results-driven 4-week program to lose weight, strengthen your core, and chisel your entire body

Call it a spare tire, muffin top, or paunch. Men and women consistently cite their belly as their biggest problem area-and it is often the toughest final pounds to lose. Not anymore!

Whether readers' eating habits have been affected by stress, their bodies have changed with age, or they're constantly doing crunches without results, it's time to blast belly fat the right way. Using the comprehensive, week-by-week eating and exercise plan, readers can lose up to 20 pounds in 6 weeks- and keep it off, forever.

Rodale • P/B • Fitness & Diet

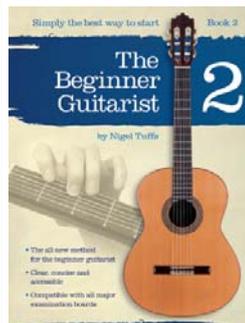


9781609618742 \$39.99

Beginner Guitarist Book 2, The

Tuffs, Nigel

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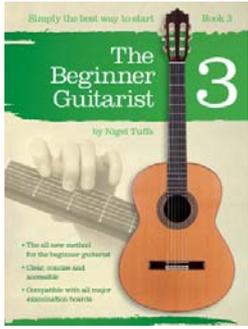


9781780384887 \$6.99

Beginner Guitarist 3, The

Tuffs, Nigel

Welcome to The Beginner Guitarist!



This book has been born out of 20 years of teaching experience. Although specifically designed as a teacher's aid, it can also be used for independent study.

Topics like posture, tuning and phrasing are not prescribed, being left to the judgement of the teacher. With the exception of right and left-hand fingering advice, this approach is used throughout the series.

*Available January 2013

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9781780384894

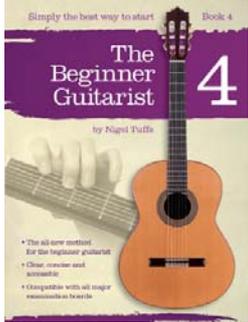
\$6.99



Beginner Guitarist 4, The

Tuffs, Nigel

Welcome to The Beginner Guitarist!



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