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Guinness Gamer's Edition 2014

Guinness World Records



The *Guinness World Records Gamer's Edition* is the ultimate guide to video games. The all-new 2014 book is bursting with news and views from the gaming world, alongside the latest and very best records relating to the world's most popular games. Amazing trivia sits alongside hard facts and top tips on how to achieve greater feats on the games you love. This edition also brings you an "At a glance" feature on every game spread for those who crave the essential lowdown on each game's genre, characters and strategy. "Best of the rest" wraps up all of the games we couldn't squeeze into the other pages, widening the already panoramic scope of the book. And our readers' poll reports back on the most fundamental question you can ask any gamer - what is the greatest video game of all?
***December stock release**

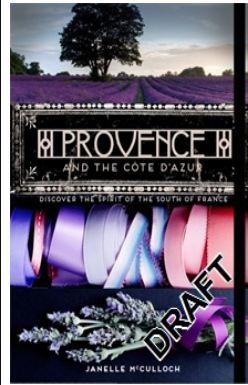
Guinness • PB • Hobbies, Quizzes & Games



9 781904 994749 **9781904994749** **\$29.99**

Provence and the Côte d'Azur

Janelle McCulloch



A trip through the enchanting landscapes and villages of the south of France would have to be high on most people's travel wish list. The history, romance and beauty of the region make it perennially popular. After 20 years exploring Provence and the French Riviera, journalist and photographer Janelle McCulloch has discovered all of its gems and shares them in this beautiful guide. From the architecture of the grand old dame of Nice, the breathtaking gardens of Menton, the art galleries of St-Paul-de-Vence, the bright lights of Cannes and the striped beach chairs and cocktails of St Tropez to the lavender fields, light and flowers of Saint-Rémy-de-Provence that inspired Vincent Van Gogh and the maze of boutiques of Aix-en-Provence, *Provence and the Côte d'Azur* has a wonderful sense of place and *joie de vivre*.

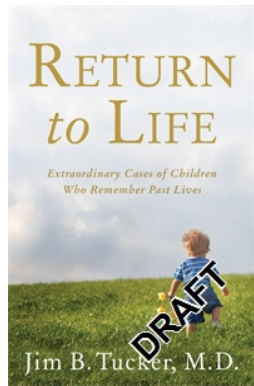
Plum • PB • Travel & Holiday



9 781742 613284 **9781742613284** **\$65.00**

Return to Life*

Jim Tucker



In this collection of real-life stories, Jim B. Tucker, a notable US medical scientist investigates children's experiences of past lives. We are all familiar with Buddhist tales of reincarnation, but this book focuses on ordinary kids in suburban homes across the US and elsewhere. In *Return to Life*, Tucker asks the ultimate question: Does any part of our mind survive after death? His focus on children gives him an opportunity to observe the phenomenon without the baggage and biases of adult life. There is the story of Patrick, born twelve years after his brother, Kevin, tragically died of cancer. Patrick, throughout his childhood, bore the physical marks of his brother's illness, but none of the actual symptoms, and had remarkable recall of his brother's short life. Or the story of the boy, James from Louisiana who from the age of two is convinced he was a World War II pilot, and is able describe the pilot's life and details of the crash that killed him.

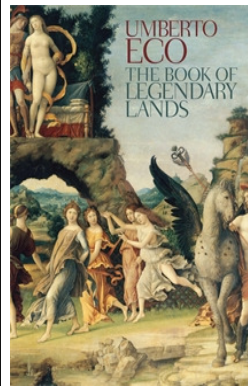
Macmillan Australia • TPB • Biography: General



9 781742 613789 **9781742613789** **\$29.99**

The Book of Legendary Lands

Umberto Eco



From Homer's poems to contemporary science fiction, literature through the ages has continuously invented imaginary and legendary lands, projecting there all those wishes, dreams, utopias and nightmares that are too intrusive and challenging for our limited daily reality. Umberto Eco leads us on an illustrated journey through these distant, unknown lands: introducing us to their inhabitants, their heroes and villains, the passions and preoccupations that shaped them, always mindful of the continued importance of myth and legend to modern life and consciousness. Placing ancient and medieval texts beside contemporary stories, films beside poems, comics beside novels, it is a journey that is both erudite and enjoyable, and one that only Eco could have created.

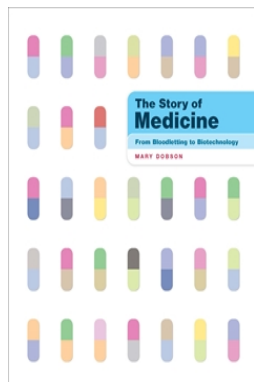
Maclehose Press • HB • General & World History



9 780857 052872 **9780857052872** **\$69.99**

The Story of Medicine

Mary Dobson



In *The Story of Medicine*, esteemed medical historian Mary Dobson charts the ways in which we have fought with disease and injury over several millennia - from the 'humours' of Hippocrates to Edward Jenner and the eradication of smallpox; and from Florence Nightingale's nursing reforms to Crick and Watson's DNA chain. Richly illustrated with paintings, illustrations and photographs, this volume is filled with the trauma as well as the triumph of medical science: including the pain of the surgeon's knife in the centuries before anaesthetics, the body-snatchers of the nineteenth century and the realities of battlefield surgery. Moving and revealing, here is a fascinating study of the glorious - and sometimes dangerous - pursuit of medical science.

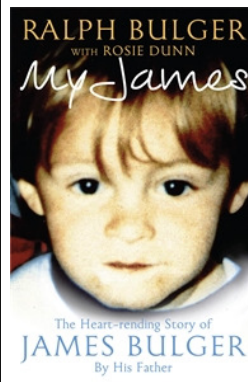
Quercus • HB • History



9 781780 879086 **9781780879086** **\$39.99**

My James

Ralph Bulger and Rosie Dunn



James Bulger was just a few weeks shy of his third birthday when, on 12 February 1993, he wandered away from his mum Denise in a shopping mall in Bootle. Grainy images from a security camera showed him trustingly holding the hand of ten-year-old Jon Venables as they walked away. Venables and his friend Robert Thompson murdered James, in a crime that shocked the world. In this haunting book, James' father Ralph describes how his world fell apart in the days that followed. In his darkest hours he drank to numb the pain, and the stress tore his marriage apart. He tells how he learned to cope with his grief, but the sorrow of James' death has never left him.

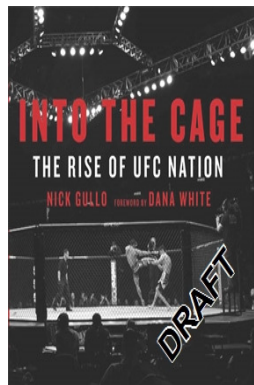
Macmillan • PB • Biography: General



9 781447 218746 **9781447218746** **\$27.99**

Into the Cage*

Nick Gullo



In the late-1980s, a VHS tape circulated through the martial arts underground. The grainy video, *Gracies in Action*, showed a slim Brazilian fighter in a traditional gi fighting a boxer, a wrestler, and finally a karate master. Art Davie saw the tape, and with Rorion Gracie, devised *War of the Worlds*, a combat tournament featuring fighters from every discipline. In 1993, the *Ultimate Fighting Championships* debuted in Denver, Colorado, and 86,000 home viewers paid to watch. Since then, under the leadership of UFC president Dana White, the popularity of MMA has skyrocketed. In *Into the Cage*, UFC insider Nick 'the Tooth' Gullo gives us an unprecedented tour through the world of ultimate fighting.

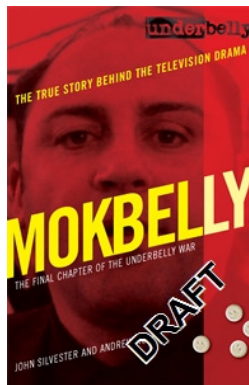
Macmillan Australia • TPB • Extreme Sports



9 781742 613796 **9781742613796** **\$27.99**

Underbelly: Mokbelly

Andrew Rule and John Silvester



Underbelly: Mokbelly is the final chapter in the biggest crime saga in Australian history - the true story of the life and crimes of Tony Mokbel, who graduated from a suburban pizza shop to be one of the biggest drug dealers on Earth. *Underbelly* reveals every detail of Mokbel's brazen and brilliant escape from Australia in the hidden compartment of a yacht fitted especially for him. It recreates the tension and touch-and-go drama of the painstaking police operation that found the criminal mastermind living with his Australian mistress in Greece, climaxing with his arrest and trial. Meanwhile, Carl Williams is killed in his high-security prison cell by one of the most dangerous men in the system. This is Australia's underbelly...

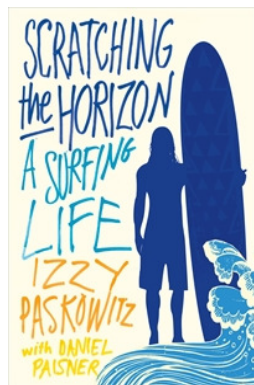
Floradale Productions • PB • True Crime



9 780980 717051 **9780980717051** **\$29.99**

Scratching the Horizon

Izzy Paskowitz with Daniel Paisner



In 1956, Dorian "Doc" Paskowitz stepped away from a successful medical practice and began a lifelong surfing odyssey that grew to include his wife Juliette, and their nine children. Together, the Paskowitz clan lived a vagabonding bohemian existence, eschewing material possessions in favor of intangible riches like health and good cheer . . . all the while careening along the world's coastlines in search of the perfect wave. In *Scratching the Horizon*, Izzy Paskowitz looks back at his unusual upbringing, and his lifelong passion for the sport that carries his family's stamp. As the fourth-oldest child in a family of inveterate surfers, rock stars, and beach bums, he is uniquely qualified to shine a light on a childhood that has come to symbolize the surfing credo, a reckless young adulthood that nearly cost him his sanity, and a maturing sense of self and purpose that allows him to lift others on the back of his experience.

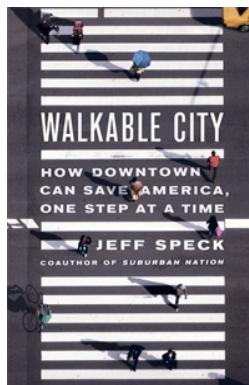
Griffin • PB • Memoirs



9 781250 031594 **9781250031594** **\$24.99**

Walkable City

Jeff Speck



Jeff Speck has dedicated his career to determining what makes cities thrive. And he has boiled it down to one key factor: walkability. The very idea of a modern metropolis evokes visions of bustling sidewalks, vital mass transit, and a vibrant, pedestrian-friendly urban core. But in the typical American city, the car is still king, and downtown is a place that's easy to drive to but often not worth arriving at. Making walkability happen is relatively easy and cheap; seeing exactly what needs to be done is the trick. In this book, Speck reveals the invisible workings of the city, how simple decisions have cascading effects, and how we can all make the right choices for our communities. Bursting with sharp observations and real-world examples, giving key insight into what urban planners actually do and how places can and do change, *Walkable City* lays out a practical, necessary, and eminently achievable vision of how to make our cities great again.

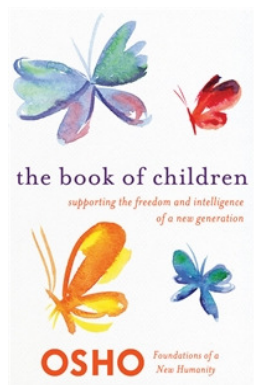
Farrar Straus Giroux • HB • Regional & Area Planning



9 780374 285814 **9780374285814** **\$44.99**

The Book of Children

Osho



Children have an authentic freedom. They are joyful, playful, and naturally creative. But by the time they grow up, most children have been sacrificed to the gods of "productivity" and good behavior to the extent that only nostalgia for childhood remains. Osho says, "It is the child's experience that haunts intelligent people their whole life. They want it again - the same innocence, the same wonder, the same beauty." And while each adult generation may vow, with the best of intentions, not to repeat the mistakes of the past, they inevitably find themselves imposing their own inherited limitations on new generations to come. This book calls for a "children's liberation movement" to break through old patterns and create opportunities for an entirely new way of relating as human beings.

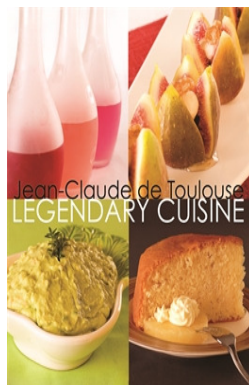
Griffin • PB • Mind, Body, Spirit: Thought & Practice



9 781250 006202 **9781250006202** **\$24.99**

Legendary Cuisine

Jean Claude de Toulouse



Passion is what one must know to truly appreciate the collection of recipes from Jean-Claude de Toulouse's *Legendary Cuisine (2nd edition)*. Jean-Claude cooks like an angel and combines his French heritage with culinary secrets from around the world to seduce the tastebuds. The recipes in *Legendary Cuisine* are sectioned off by Jean-Claude's own imaginary meeting with a Lady - a legendary figure who Jean-Claude is inspired by and cooks for. His interest in healthy lifestyles combines with his exquisite culinary skill to show that food that is good for you can also taste sensational. These recipes are dripping with pomegranates, figs, honey, fruits of the season, vegetables from the land, fresh salmon, and desserts to die for.

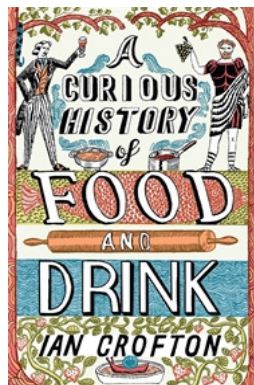
Brolga • PB • Cookery / Food & Drink Etc



9 781922 175267 **9781922175267** **\$39.99**

A Curious History of Food and Drink

Ian Crofton



Ever wondered where noodles came from? How Worcester Sauce was invented? Or even who the 'Cucumber King of Burma' was? Beginning with the hippo soup eaten in Africa in 6000 BC, through to the dangerous blowfish enjoyed in contemporary Japan, *A Curious History of Food and Drink* reveals the bizarre origins of the food and drink consumed throughout history. From the pheasant brains and flamingo tongues scoffed by the Roman emperor Vitellius, to the unusual uses of liquorice (once a treatment for sore feet) - Ian Crofton makes use of original sources - including journals, cookbooks and manuals - to reveal the bizarre, entertaining and informative stories behind the delicacies enjoyed by our ancestors.

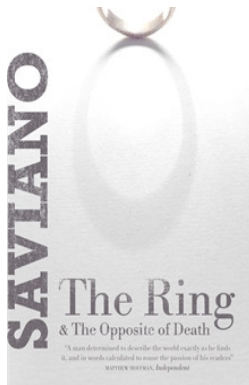
Quercus • HB • Food & Society



9 781782 069409 **9781782069409** **\$24.99**

The Ring

Roberto Saviano



In Italy's impoverished south, choices are limited. Rules and traditions are more powerful than the lives of individuals, and young Italians who stand on the right side of the law still find themselves on the frontline. In *The Opposite of Death*, Maria is a seventeen-year-old widow before she has even made it to the altar; her fiancé enlisted and died in Afghanistan to avoid a life controlled by the mafia. In *The Ring*, a tale of bloody vengeance, a young woman comes to visit from the north, bringing with her ignorance and prejudice. Two women at separate poles of experience. Roberto Saviano has become a symbol of a whole generation of lost young Italians; these stories demonstrate once more the commitment to truth and justice that made Gomorrah such an exceptionally brave book.

Maclehose Press • HB • Modern & Contemporary Fiction (Post C 1945)



9 780857 050113 **9780857050113** **\$27.99**

Roads to Berlin

Cees Nootboom

Roads to Berlin maps the changing landscape of Germany, from the period before the fall of the Wall to the present. Written and updated over the course of several decades, an eyewitness account of the pivotal events of 1989 gives way to a perceptive appreciation of its difficult passage to reunification. Nootboom's writings on politics, people, architecture and culture are as digressive as they are eloquent; his innate curiosity takes him through the landscapes of Heine and Goethe, steeped in Romanticism and mythology, and to Germany's baroque cities. With an outsider's objectivity he has crafted an intimate portrait of the country to its present day.

Maclehose Press • PB • History

9781848662919 \$27.99



The Great British Year

Stephen Moss

Britain is a place of remarkable beauty and surprising extremes: nowhere else in the temperate world boasts such extreme variety in such a small area. Our humble island has over 10,000 miles of coastline; iconic animals and birds; and unique spectacles of migration that see wildlife from all corners of the globe descend upon our shores. Here, life is governed by the seasons: each month bringing extraordinary transformations to our land and its inhabitants. This lavish companion to the new BBC One series brings Britain to life, celebrating the vibrancy of the changing year through stunning photography and mesmerising time-lapse sequences, and revealing the unmissable drama and beauty to be witnessed on our very own doorstep.

Quercus • HB • Natural history

9781780877105 \$59.99



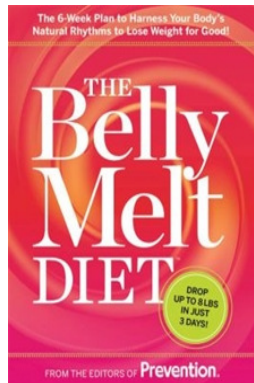
The Belly Melt Diet

Prevention

Most women spend their entire lives fighting their bodies in an effort to lose weight. The latest research reveals that you need to work *with* your body to get the best results: There are actually right and wrong times to eat, exercise, and sleep - and what works for one woman may not work for the next. **The Belly Melt Diet** teaches women to tune into their own rhythms - not just their sleep/wake cycles, but also the cycles of their hunger hormones. Readers will also learn their best time to exercise, and how to tame the ups and downs of the menstrual cycle to maximize belly fatburning, overall metabolism boosting, and the soaring energy and confidence that come with feeling balanced and achieving fitness goals. The simple 2-phase diet plan teaches women how to eat, exercise, and sleep at their best, with over 100 easy, delicious, fat-burning recipes, the Perfect Timing Workouts, and the newest research in chronobiology, the study of body rhythms.

Rodale • PB • Fitness & Diet

9781623360283 \$24.99



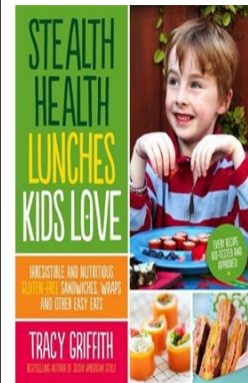
Stealth Health Lunches Kids Love

Tracy Griffith

Nearly every lunchtime staple nowadays includes bland, carb-loaded bread that leaves kids bloated and sluggish. That is, until now. Best-selling author and health-conscious chef, Tracy Griffith has the answer: unique gluten-free sandwich wraps that hide healthy ingredients and are appealing to kids. With **Stealth Health Lunches Kids Love**, Tracy presents parents with a multitude of healthy, delicious ways to prepare exciting wraps for their children. Say goodbye to dull bread and same old wraps because each recipe is packed with nutrients to give kids a happy, healthy, energized day, wrapped in fun shapes and are easy to eat. Kids will also have a blast in the kitchen making their own Stealth Health creations.

St Martin's Press • PB • Cookery For Specific Diets & Conditions

9781624140242 \$29.99



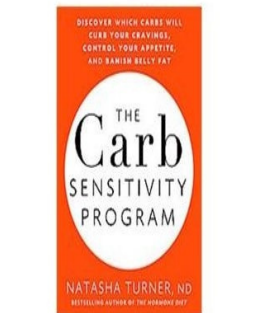
The Carb Sensitivity Program

Natasha Turner, ND

A no-carb diet may lead to weight loss - at first - but ultimately this approach fails for most people. Why? Because it's not sustainable, and since nothing has been done to improve carb tolerance, once carbs are introduced people experience bloating, cravings, and rebound weight gain, *plus* another 5 to 10 pounds. The vast majority of us have different degrees of sensitivity to carbohydrates without realizing it. For some people, healthy carbs such as carrots, black beans, and quinoa are what's making them fat! **The Carb Sensitivity Program** is more than a diet. It's a personalized carb rehab plan that helps readers identify the types of carbs that work best with their bodies, remove the ones they're sensitive to, and repair their metabolisms so they can safely eat those carbs again.

Rodale • PB • Family & Health

9781623360290 \$24.99



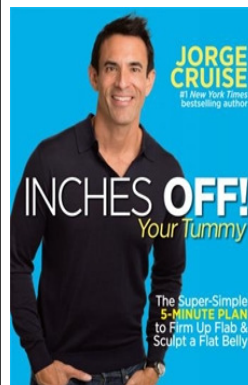
Inches Off! Your Tummy

Jorge Cruise

Jorge Cruise unleashes his new fitness and weight-loss series with one simple piece of advice: Work smarter, not harder. With his revolutionary 5-Minute Fitness Formula and 6-Day Challenge, he shatters the conventional wisdom that rapid, lasting weight loss can only be achieved through hours and hours in the gym, day after day. In **Inches Off! Your Tummy**, Jorge unveils the most effective exercise formula to optimize belly-fat burn all day - using compound exercises to hit virtually every muscle in the body with each rep - while also showing readers how to avoid the hidden sugars in foods that signal their bodies to store fat. The outcome: Visible results in 6 days, exercising just 5 minutes per day.

Rodale • PB • Fitness & Diet

9781609614973 \$29.99



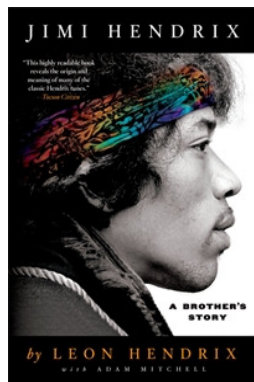
Jimi Hendrix

Leon Hendrix

More than forty years after his death, Jimi Hendrix - recently named the greatest guitarist of all time by *Rolling Stone* magazine - continues to inspire fans of rock music. Many have written about Hendrix's life and music, but **Jimi Hendrix: A Brother's Story** provides a revealing and unprecedented look at this visionary icon: an intimate biography written by Jimi's younger brother, Leon. Leon Hendrix takes us back to the days before Jimi's amazing rise to fame in the 1960s, beginning with their tough childhood in Seattle, when their fascination with science fiction and UFOs helped them escape a difficult family life. (Jimi insisted his family call him "Buster," after *Flash Gordon* actor Buster Crabbe.) The author reveals Jimi's early fascination with sound, from his experiments with plucking wires attached to bedposts to the time when he got in trouble for taking apart the family radio to Jimi's purchasing his first guitar.

Griffin • PB • Biography: General

9781250031433 \$27.99



One Direction: Five Lives

Jim Maloney

This comprehensive book charts their remarkable lives from humble childhood beginnings to super stardom. It takes an in-depth look at their early lives, their relationships with their families, schooldays, first public performances, romances, the life-changing *X-Factor*, their relationship with each other, the fun and the frustration of working so closely together, their wild fans and world-wide acclaim with over five million Facebook fans and three million followers on Twitter.

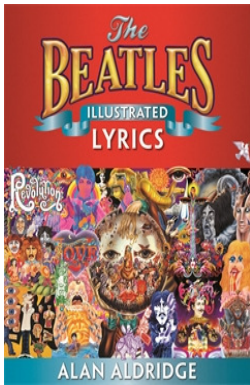
Omnibus Press • TPB • Music

9781783051465 \$24.99



The Beatles Illustrated Lyrics

Alan Aldridge



The Beatles Illustrated Lyrics is the only major collection of illustrated Beatles lyrics available. Originally published in 1969, this book has become a symbol of an era, a must-have for Beatles fans and a brilliant tribute to the band that changed a generation. Quotes from John, Paul, George and Ringo provide candid, witty, insightful commentary on the songs and their origins. Clarification of controversial lyrics is offered by the only true authorities, the Beatles themselves. All the famous songs are included - from Can't Buy Me Love and A Hard Day's Night to Rocky Raccoon, Revolver and Yellow Submarine.

Omnibus Press • HB • Music

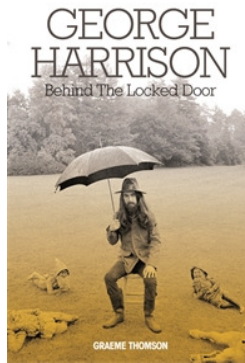


9781780385334 \$65.00



George Harrison

Graeme Thomson



Explores Harrison's work both within and without the Beatles and at the same time examining in detail his private and public passions, from Eastern spiritualism to horticulture, from comedy to film-making, from fast cars to working with UNICEF.

Omnibus Press • HB • Music

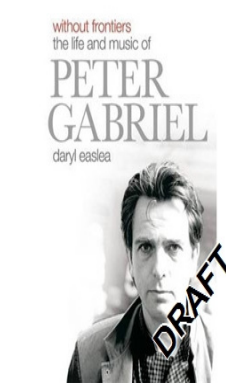


9781780383064 \$44.99



Without Frontiers

Daryl Easlea



Showcases Peter Gabriel as lead singer of Genesis from its inception until he left in 1975 for a successful solo career as a singer-songwriter.

Omnibus Press • HB • Music

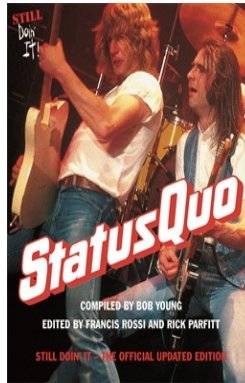


9781780383156 \$44.99



Status Quo: Still Doin' It

Francis Rossi & Rick Parfitt



The Status Quo authorised book of personal and professional photographs of the band taken between 1966 and 2012

Omnibus Press • PB • Music

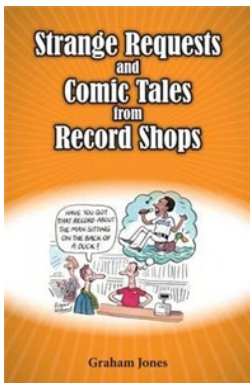


9781780388397 \$39.99



Strange Requests & Comic Tales from Record Shops

Graham Jones



With over thirty years as a record company sales rep and still going strong, Graham Jones has visited more record shops in Britain than most people and certainly more than anyone will be able to in the future. Over the years he has collected a vast number of funny stories and anecdotes. He relates the best of them here, as told to him by those who have been (mostly) pleased and sometimes bemused to find themselves stationed behind the record shop counter. This hilarious new collection of 'I'll hum it have you got it?' and similar stories is an engrossing memorial to an increasingly bygone age. Features cartoons throughout the book by Kipper Williams. His cartoons have appeared in music publications including *Melody Maker*, *Smash Hits* and the Black Sabbath World Tour programme (1977).

Omnibus Press • PB • Music



9780956121264 \$19.99

