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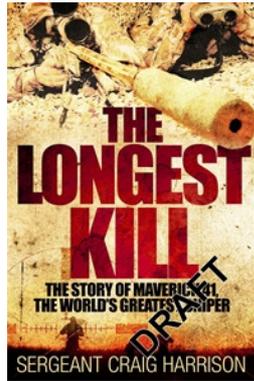
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The Longest Kill*
Craig Harrison



It takes a tough mindset to be a successful sniper, to be able to dig in for days on your own as you wait for your target, to stay calm on a battlefield when you yourself have become the target the enemy most want to take out. Craig Harrison has what it takes and in November 2009 in Afghanistan, under intense pressure, he saved the lives of his comrades with the longest confirmed sniper kill - 2,475 metres, the length of 25 football pitches. In this action-packed, vivid memoir Craig takes us from a tough childhood to joining the army at 16, from serving in Bosnia through two tours of Iraq and Afghanistan. He describes the numerous campaigns he's taken part in and his special ops missions. He also reveals how injury forced him to leave the army and how, after his identity was revealed, Al Qaeda threatened him and his family. For Craig, the price of heroism has been devastatingly high.

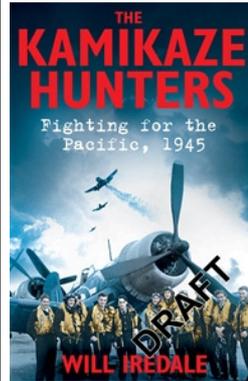
Sidgwick & Jackson • TPB • True War & Combat Stories



9780283072239 \$34.99



The Kamikaze Hunters
Will Iredale



In May 1945, with victory in Europe established, the war was all but over. But on the other side of the world, the Allies were still engaged in a bitter struggle to control the Pacific. And it was then that the Japanese unleashed a terrible new form of warfare: the suicide pilots, or Kamikaze. Drawing on meticulous research and unique personal access to the remaining survivors, Will Iredale follows a group of young men from the moment they joined up through their initial training to the terrifying reality of fighting against pilots who, in the cruel last summer of the war, chose death rather than risk their country's dishonourable defeat and deliberately flew their planes into Allied aircraft carriers. A story of courage, valour and dogged determination, *The Kamikaze Hunters* is a gripping account of how a few brave young men helped to ensure lasting peace.

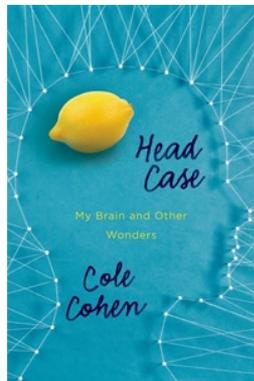
Macmillan • TPB • Second World War



9781447284710 \$34.99



Head Case
Cole Cohen



The summer before she was set to head out of state to pursue her MFA, 26 year-old Cole Cohen submitted herself to a battery of tests. For as long as she could remember, she'd struggled with a series of learning disabilities that made it nearly impossible to judge time and space. She left the doctor's office with a shocking diagnosis - doctors had found a large hole in her brain responsible for her life-long struggles. Because there aren't established tools to rely on in the wake of this unprecedented diagnosis, Cole, her doctors and family create them, and discover firsthand how best to navigate the unique world that Cole lives in.

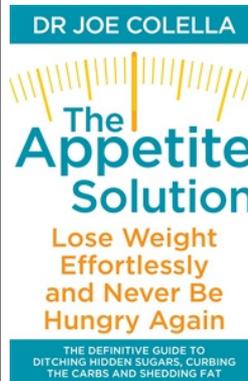
Henry Holt • TPB • Memoirs



9781627796033 \$34.99



The Appetite Solution
Dr Joe Colella



The Appetite Solution is weight loss expert Dr Joseph J. Colella's aggressive six-week, three-phase plan to help you jam 'false' hunger signals, diminish cravings and achieve your goal weight - breaking free of the carbohydrate addiction that packed on those difficult-to-shed pounds. Dr Colella examines the reasons why we feel so hungry and dismisses the diet myths that have recently been endorsed. **May release*

Macmillan • TPB • Diets & Dieting



9781509803101 \$34.99



How We Learn
Benedict Carey



This book will help you to learn Spanish - or the Spanish guitar - faster. This book will give an athlete the edge to turn Silver into Gold. This book will give any child the chance to perform better in exams. Full stop. *How We Learn* is a landmark book that shakes up everything we thought we knew about how the brain absorbs and retains information. Filled with powerful - and often thrillingly counter-intuitive - wisdom, stories and practical tips, it gets to the very heart of the learning process; and gives us the keys to reach our very fullest potential in every walk of life.

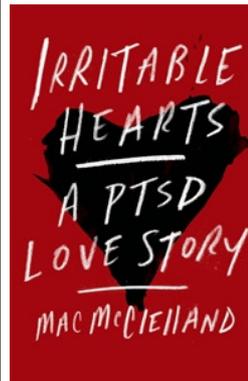
Macmillan • PB • Popular Science



9781447286349 \$24.99



Irritable Hearts
Mac McClelland



A fearless memoir by an award-winning journalist exploring her struggle with PTSD, its troubled history and treatment, and the ways she pushed herself beyond trauma to fall in love.

St Martin's Press • HB • Memoirs

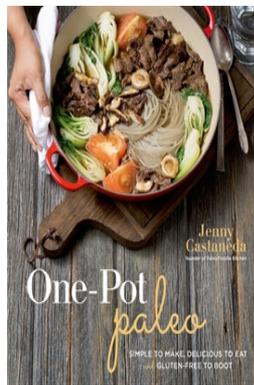


9781250052896 \$39.99



One-Pot Paleo

Jenny Castaneda



One-Pot Paleo not only provides creative and healthy dishes that feed the whole family, like casseroles, stir fry, bakes and broils, soups and stews, but there are also helpful guides throughout such as ingredient swaps, Paleo substitution charts, steps to prep on the weekend so the weekdays fly by and more. Recipes include Herbed Honey Chicken, Carne Asada, Szechuan Pork, Sesame Beef Stir Fry, Crab Stuffed Salmon and Sweet and Savory Chicken Wings. Sticking to the Paleo diet can be difficult enough, don't let complicated recipes make it worse. With these quick and tasty recipes, your family will be happy, healthy and well fed in no time.

St Martin's Press • PB • General Cookery & Recipes

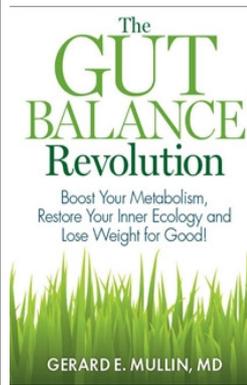


9 781624 141225 **9781624141225 \$29.99**



The Gut Balance Revolution

Gerard E Mullin, MD



Your gut microbiome: Those trillions of bacteria that live in your digestive tract. There are more of them than there are of you-and if they're balanced just right, with more "good" bacteria than "bad," excess pounds will melt away and you'll feel better than ever. From the top authority on the gut microbiome, here's a plan that will show you how to starve the fat - forming bacteria, reseed your gut with good fat-burning ones, and fertilize those friendly flora with just the right foods to reboot, rebalance, and renew your health - and lose weight for good. It's all based on up-to-the-minute scientific research.

Rodale • HB • Fitness & Diet

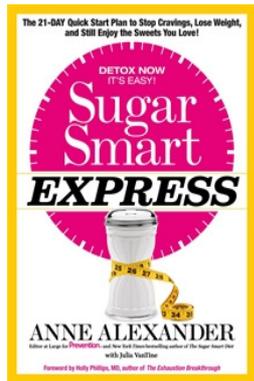


9 781623 364014 **9781623364014 \$39.99**



Sugar Smart Express

Anne Alexander



Readers came out in droves when *Prevention* launched its Sugar Smart movement, making *The Sugar Smart Diet* a *New York Times* bestseller and creating a demand for more sugar-savvy content from the brand. Now, Anne Alexander has revamped her popular plan to give readers what they've been asking for: an easy-to-follow plan that offers great results in less time, with even more tools for success.

Rodale • HB • Diets & Dieting



9 781623 365356 **9781623365356 \$44.99**



One Plus One Equals Three

Dave Trott



One Plus One Equals Three goes straight to the heart of the creative impulse. Combining Dave Trott's distinctive, almost Zen-like storytelling, humour and practical advice, its collection of provocative anecdotes and thought experiments are designed to light a fire under your own creative ambitions. From tales of 18th century Japanese samurai to classic battles between 'creatives' and 'suits' in the boardroom, these stories act as a rallying cry for individuals and businesses who want to think differently, stand out and challenge convention.

Macmillan • HB • Business Strategy

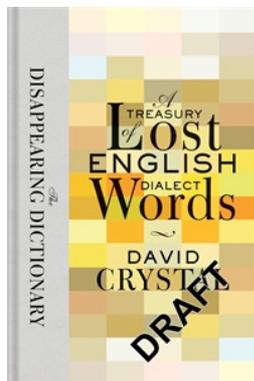


9 781447 287032 **9781447287032 \$34.99**



The Disappearing Dictionary

David Crystal



Wherever you go in the English-speaking world, there are linguistic riches from times past awaiting rediscovery. All you have to do is choose a location, find some old documents, and dig a little. In *The Disappearing Dictionary*, linguistics expert Professor David Crystal collects together delightful dialect words that either provide an insight into an older way of life, or simply have an irresistible phonetic appeal. Like a mirror image of *The Meaning of Liff* that just happens to be true, *The Disappearing Dictionary* unearths some lovely old gems of the English language, dusts them down and makes them live again for a new generation.

Macmillan • HB • Language

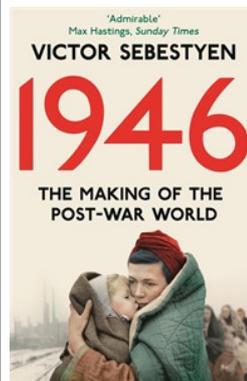


9 781447 282808 **9781447282808 \$34.99**



1946

Victor Sebastyen



With the end of the Second World War, a new world was born. The peace agreements that brought the conflict to an end implemented decisions that not only shaped the second half of the twentieth century, but continue to affect our world today and impact on its future. In 1946 the Cold War began, the state of Israel was conceived, the independence of India was all but confirmed and Chinese Communists gained a decisive upper hand in their fight for power. It was a pivotal year in modern history in which countries were reborn and created, national and ideological boundaries were redrawn and people across the globe began to rebuild their lives.

Pan • PB • Postwar 20th Century History, From C 1945 To C 2000

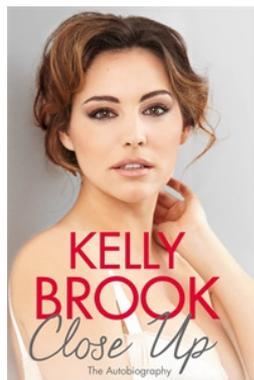


9 780330 544856 **9780330544856 \$24.99**



Close Up

Kelly Brook



From a council house in Kent to her first home in the Hollywood hills, from being told she was too big to model to becoming an inspiration for curvy girls everywhere, Kelly's life has taken many unexpected turns. She dreamed of escaping her chaotic childhood by becoming an actress - she never imagined she'd become a hugely popular pin up girl who would date some of the most attractive men in the world, or that her tempestuous relationships would be played out in the merciless glare of the media. Now, in her compelling autobiography, Kelly writes with total honesty about the men she has loved and the tragic loss and heartache she has overcome.

Pan • PB • Memoirs

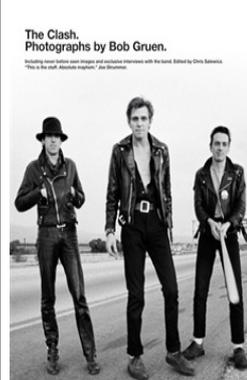


9 781447 257721 **9781447257721 \$24.99**



The Clash

Bob Gruen



This acclaimed collection of photographs includes never before seen images and exclusive interviews with one of the most influential bands of the punk era. Presented in a hardback slipcase with a signed photo from Bob Gruen. "The Clash were the real thing, the only band that mattered: they were the best one, a band who never forgot their roots. They cared about their audience and tried to give them a good show with a moral conscience and a lot of fun. For me they were fantastic to work with." (Bob Gruen, New York, 2001.)

Omnibus Press • PB • Biography: Arts & Entertainment



9 781783 057931 **9781783057931 \$60.00**



Lookbook Cookbook

Jessica Milan

lookbook cookbook

Simple,
Delicious,
Gluten-Free
& Vegan
Dishes For
Fashion-Loving
Foodies



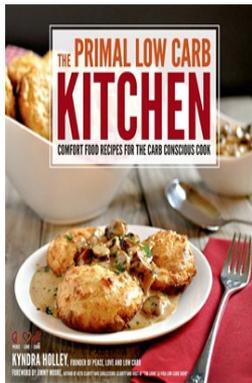
St Martin's Press • PB • Vegetarian Cookery



9 781624 141218 **9781624141218 \$29.99**

The Primal Low Carb Kitchen

Kyndra Holley



Kyndra comes at diet from a different angle than many Paleo people. She was a low carber, lost a lot of weight counting carbs and gained a big audience. Her book is for the carb counters out there looking to go Paleo/Primal. (Paleo and Primal are becoming less distinct; the difference was primal included dairy, though dairy is largely accepted now in the Paleo community too. Neither restricts the amount of carbs, just the types of carbs.) Rapid but healthy weight loss, rather than just a healthy eating plan, is the goal. So each recipe features minimal carbs. Comfort food is usually seen as a necessary evil, something unhealthy that you can only eat once-in-a-while.

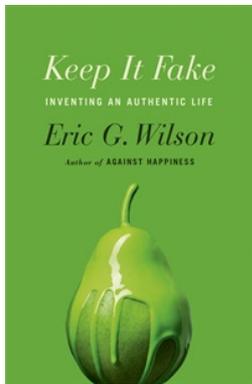
St Martin's Press • PB • General Cookery & Recipes



9 781624 141195 **9781624141195 \$29.99**

Keep It Fake

Eric Wilson



Part memoir, part cultural analysis, **Keep It Fake: Inventing an Authentic Life**, author Eric G. Wilson draws on neuroscience, psychology, sociology, philosophy, art, film, literature, and his own life to explore the possibility that there's no such thing as unwavering reality. Whether our left brains are shaping the raw data of our right into fabulous stories, or we are so saturated by society's conventions that we're always acting out prefab scripts, we can't help but be phony.

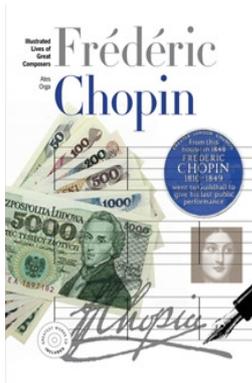
Farrar Straus Giroux • HB • Memoirs



9 780374 181024 **9780374181024 \$39.99**

New Illustrated Lives of Great Composers: Frédéric Chopin

Ates Orga



This new biography is a fascinating account of the period in which Chopin lived, and the way in which the political scene helped shape his music. This is an ideal book for the music lover who has no specialist knowledge. At the same time it will prove a valuable source of original material for students and professionals looking for fresh insights into Chopin's music. Includes a CD featuring a selection of recordings by the composer.

Omnibus Press • PB • Biography: Arts & Entertainment



9 781780 384443 **9781780384443 \$24.99**

Tone It Up

Katrina Scott and Karena Dawn



Karena Dawn and Katrina Scott, the founders of the Tone It Up® fitness and health brand, have taken the world by storm with their fun, energetic, girlfriend-to-girlfriend approach to getting fit. In their Tone It Up book, the girls' genuine, relatable philosophy is boiled down to a 28-day program that incorporates fitness routines, nutritional advice, and mental and spiritual practices to transform readers' bodies, attitudes, and lives. Dawn and Scott take a holistic approach to fitness, including the same principles in their book that make their brand so popular - a sense of community, empowerment, and lightheartedness in every healthy, feel-good technique they recommend.

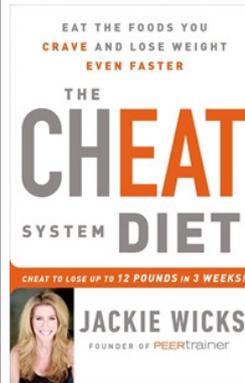
Rodale • PB • Fitness & Diet



9 781623 365691 **9781623365691 \$39.99**

The Cheat System Diet

Jackie Wicks



A cutting-edge diet, nutrition, and weight-loss program based on PEERtrainer's hugely successful online training program. Who doesn't love to cheat? Finally - a successful weight-loss program that allows you to eat that cupcake (and still lose weight!) For nearly a decade, PEERtrainer - a wildly successful online "weight-loss lab" - has provided its members with the best information on how to be successful at losing weight. Now **The Cheat System Diet**, tested and proven by hundreds of thousands of PEERtrainer members, brings this expertise to you.

Griffin • PB • Diets & Dieting



9 781250 068095 **9781250068095 \$29.99**

5 Seconds of Summer 100% Unofficial Poster Book

Anon



Giant posters, pocket posters, double-sided posters and more! Packed full of pictures of and facts about Luke, Mike, Cal and Ash, this book is guaranteed to prove that you're the ultimate 5 Seconds of Summer fan. Keep the book as is or pull out the posters inside to decorate your room so you can enjoy 5 Seconds of Summer all day long!

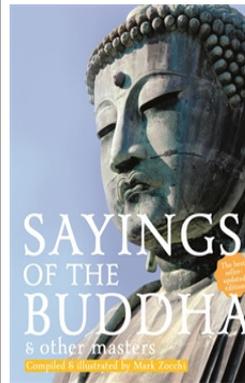
Macmillan Children's Books • PB • Pop music (Children's / Teenage)



9 781447 292517 **9781447292517 \$17.99**

Sayings of the Buddha and Other Masters

Mark Zocchi



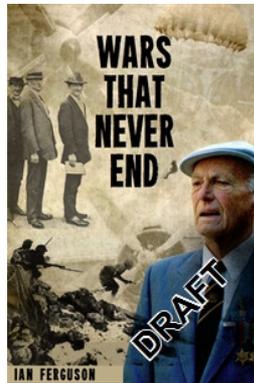
Updated and revised for 2015, be inspired by teachings of the Buddha, Great Masters, teachers and writers. **Sayings of the Buddha and other Masters** will help people connect to a spiritual path and find their divinity. Each page contains inspiring quotes, sayings and insights, allowing the reader to dip in at any time. Great to place on your office desk, coffee table, bookshelf or by your bed. Quotations and sayings have been chosen from the likes of Milarepa, Longchenpa, his Holiness the 14th Dalai Lama, Thich Nhat Hanh and Sogyal Rinpoche. As well as wisdom from other great masters, teachers and writers such as Cicero, the Sufi poet Rumi, Lao Te Tzu, Mother Theresa and Shakespeare.

Brolga • PB • Religion & Beliefs



9 781922 175847 **9781922175847 \$19.99**

Wars that Never End
Ian Ferguson



Over 100 Australians who served in Afghanistan have committed suicide since returning to civilian life. Partners and family members also suffer, in their shared lives with emotionally scarred war veterans. Ex-service personnel and affected relatives provided author Ian Ferguson with fascinating first-hand information for the research of *Wars That Never End*. Their confronting recollections surfaced in personal interviews, and sometimes in Diggers' letters and diary entries from front line battle fields, dating back to the Boer War. Few publications candidly tackle the contentious issue of mental health among combat veterans, so this book is a must read for all discerning lovers of Australian war history.

Brolga • PB • True War & Combat Stories

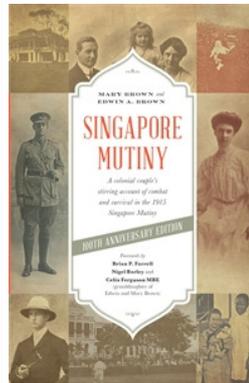


9781922175823 \$29.99



Singapore Mutiny

Edwin A. Brown and Mary Brown



'Chinese New Year 1915 will long be remembered in the Straits Settlements,' write Edwin and Mary Brown in their extraordinary account of the 1915 Singapore Mutiny. So begins this enthralling husband-and-wife account of an unexpected and terrifying episode in Singapore's history that saw 850 Indian soldiers revolt and slaughter 47 British and local soldiers and civilians. Never before transcribed, this memoir is published for the first time, 100 years after the events took place.

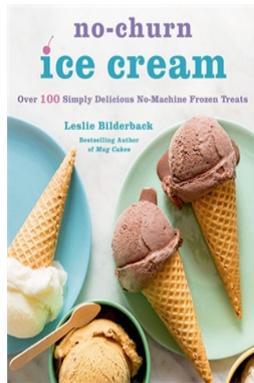
Monsoon • PB • Memoirs



9789814625050 \$24.99



No-Churn Ice Cream
Leslie Bilderback



Discover how to make homemade ice cream and other desserts! In every country you'll find people eating ice cream on street corners, in markets, and in fancy restaurants. But the number of people who make it at home is much smaller. The reason? Making this sweet treat yourself is kind of a pain. Ice cream machines can be expensive, bulky and hard to store, or cheap and inefficient. But what if you could make your own ice cream at home without all of the fuss, for a fraction of the cost of buying it, and without any special equipment? *No-Churn Ice Cream* is a mouthwatering collection of shortcuts and classic culinary techniques that help you achieve delicious, artisanal results.

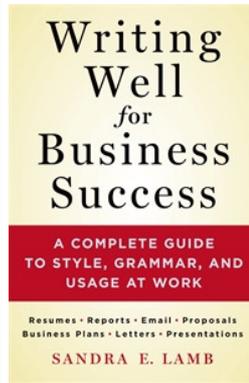
Griffin • PB • Cookery / Food & Drink Etc



9781250054388 \$39.99



Writing Well for Business Success
Sandra Lamb



A lighthearted but very useful guide to the ins and outs of business writing. So much of success in business depends on writing well. From résumés to reports, proposals to presentations, *Writing Well for Business Success* will help you communicate your ideas clearly, quickly and effectively. It will help you: Distill your message into a well-targeted statement and ace the elements of style. Write what you want to say in emails, business plans and more. Master the tricks of editing yourself. Presented in author Sandra Lamb's lighthearted and easily accessible style, this little book is an essential desk reference guide for the modern working world.

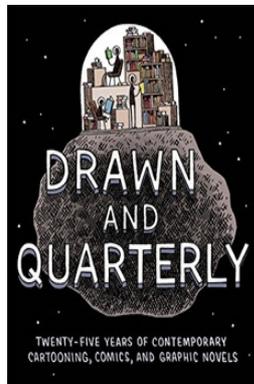
Griffin • PB • Reference Works



9781250064516 \$29.99



Drawn & Quarterly
Tom Devlin



Drawn & Quarterly: Twenty-Five Years of Contemporary Cartooning, Comics, and Graphic Novels is an eight hundred-page thank-you letter to the cartoonists whose steadfast belief in a Canadian micro-publisher never wavered. In 1989, a prescient Chris Oliveros created D+Q with a simple mandate to publish the world's best cartoonists. Thanks to his taste-making visual acumen and the support of over fifty cartoonists from the past two decades, D+Q has grown from an annual stapled anthology into one of the world's leading graphic novel publishers.

St Martin's Press • HB • Comic Book & Cartoon Art



9781770461994 \$75.00



No One Knows: Queens of the Stone Age
Joel McIver



This updated edition of the first ever book about Queens Of The Stone Age takes in nine years of chaos. Since the first edition appeared in 2005, Josh Homme's band has undergone multiple line-up changes, toured the world and released two acclaimed albums. They have taken on a new version of Homme's old band Kyuss in court and helped to spawn multiple projects such as Them Crooked Vultures and a supergroup featuring Homme, Foo Fighters singer Dave Grohl and Led Zeppelin bassist John Paul Jones. Along the way there have been death, near-death and physical confrontations of all kinds, with Homme's near-fatal asphyxiation during a knee operation in 2010 almost ending the band. Want to know about the pitfalls of being in a rock band? Read it all here ...

Omnibus Press • PB • Music



9781783057009 \$24.99



Playbook 32 Copy Counterpack
Music Sales



Playbooks are here! These miniature spiral-bound tutors will make an immediate customer impact in their custom-designed counter-top display unit. Following on from Music Sales' bestselling *NoteCrackers* (100,000 units sold!) these little volumes combine many of the benefits full-size tutors with the colourful appeal of attractive gifts, all at a very affordable retail price - \$7.99 each. 32 copy full counterpack. Contains 4 copies of each of the following: *Learn to Play Guitar*, *Learn to Play Harmonica*, *Guitar Chords*, *Learn to Play Ukulele*, *Ukulele Chords*, *Learn to Play Keyboard*, *Music Theory* and *Keyboard Chords*.

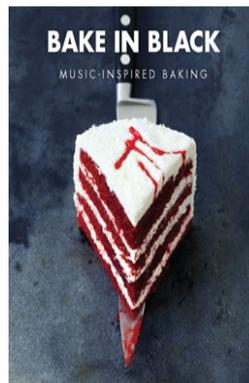
Music Sales • Music



9789991501277 \$300.00



Bake in Black
Eve O' Sullivan



Bake in Black started life as a blog from a kitchen in East London and was written by a musician and food journalist. They took a song or an album title which then inspired them to create a recipe ... Draws influence from the world of rock and heavy metal to create awe-inspiring edible tributes in the kitchen. This lovingly created cook book is a music-themed collection of more than 60 sweet indulgences. All are as unique in presentation as they are in flavour. From cakes and brownies, biscuits and cookies, through to doughnuts, pies, tarts and desserts, *Bake in Black* features contemporary recipes alongside time-honoured classics. Written with a twist of humour and a generous pinch of musical reference, *Bake in Black* will take you on a journey through baking and music as never experienced before, inspiring fans of bands and bakers alike.

Omnibus Press • HB • Cookery / Food & Drink Etc

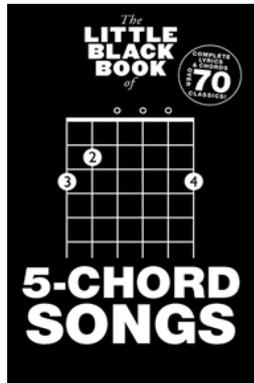


9780992836610 \$29.99



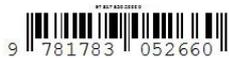
The Little Black Book of 5 Chord Songs

Music Sales



Complete lyrics and chords to over 70 classics! Arranged for guitar in the same key as the original recordings, with complete lyrics, chord names and handy chord box reference sheets. Songs include: *A Good Heart* / Feargal Sharkey; *All Or Nothing* / Small Faces; *Are You Gonna Be My Girl* / Jet; *Brown Eyed Girl* / Van Morrison; *Boulder To Birmingham* / Emmylou Harris; *California* / Phantom Planet; *Danger! High Voltage* / Electric 6; *Cast No Shadow* / Oasis; *Girls and Boys* / Blur; *Hallelujah* / Leonard Cohen; *Hard To Handle* / The Black Crowes.

Music Sales • PB • Music

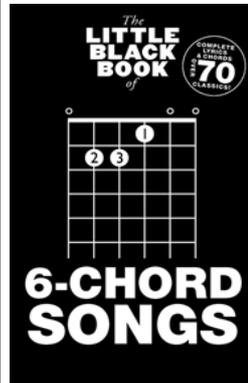


9781783052660 \$24.99



The Little Black Book of 6-Chord Songs

Music Sales



A pocket-sized collection of over 70 songs, all of which use no more than 6 chords. Presented in chord songbook format, arranged in the same keys as the original recordings with chord symbols, guitar chord boxes and complete lyrics. Songs include: *The A Team* / Ed Sheeran; *All I Want Is You* / U2; *Blaze Of Glory* / Bon Jovi; *Bird On A Wire* / Leonard Cohen; *The Boxer* / Simon & Garfunkel; *Centerfold* / J. Geils Band; *Boys Don't Cry* / The Cure.

Music Sales • PB • Music

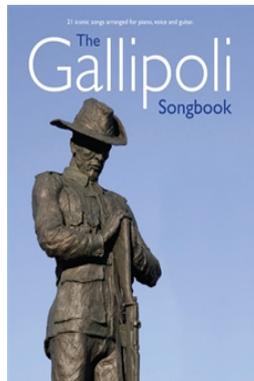


9781783052677 \$24.99



The Gallipoli Songbook

Music Sales



This collection commemorates The Gallipoli Campaign (1914-1915), consisting of 21 iconic songs arranged for piano, voice, and guitar. The songs of optimism, sorrow, consolation, and humour collected here were the people's songs, most of them contemporary with the war, a few predating it. A handful of songs in the collection were written post-war, and offer reflections on the human cost of the conflict that was supposed to end all wars. By and large these songs are down to earth, sometimes satirical, and always entertaining. Many played an important role in brightening, however fleetingly, the darkest hours of this extraordinary conflict. **Available now*

Music Sales • PB • Music



9781785580079 \$44.99



